



Whole Children

a Pathlight program

COMMUNITY

LEARNING

FUN

Whole Children provides recreational, social and enrichment programs for children of all abilities, particularly those with special needs; to provide valuable resources for their families; and to facilitate integration with the larger community in which we live.

Why Whole Children?



We offer afterschool programs and classes for children from toddlers through teens with a range of abilities. The goal of our program is to meet each child at their skill level in the most appropriate environment for that child. To that

end we offer classes, social activities, small group lessons, and team and outdoor sports. The emphasis in all classes is on finding and celebrating children's individual strengths, having fun, and making and sustaining friendships.

Small Group Classes

Classes are generally one hour and meet for eight weeks. All classes are taught by trained instructors and most classes have a student/teacher ratio of 4:1, with additional support as needed. Classes may include **Yoga, Cooperative Building, Kung Fu, Minecraft**

Performing Arts

Our students are getting to nurture their inner star. Along with music and acting, students learn boundaries, social skills and performance skills. **Joyful Chorus, Friendship Band, Theater Studio, Dance**

Social Skills

All of our classes are designed to teach or reinforce social skills and follow specific behavior guidelines. Our goal is to teach children the skills, including playground game rules, that they'll need to succeed at school and play. Classes may include **Pokemon, Minecraft, Anime, and Morning Movement and Play**



Growing Up

Children, teens, and adults with intellectual disabilities and autism have been left out when it comes to sexuality education. Growing Up is a class designed to help kids learn about all the issues they'll encounter as they start the journey through their teens to adulthood. Starting off with understanding that what they think and feel is important, students learn about boundaries, personal space, and appropriate talk, trust, and touch with people in their lives. Topics covered include body changes, personal hygiene, public and private, levels of trust, and identifying feelings.

Recreation Program

For children who want to experience competitive and team sports and learn new skills while having fun with friends, our recreation program accommodates children with a wide range of abilities. We keep classes small and maintain a commitment to families who hope to see their children reap the benefits of involvement in recreational sports. Recreation programs may include **Soccer, Basketball, Floor Hockey, Flag Football, Recess Games, and Gymnastics**





School Vacation and Summer Classes

Our school vacation programs (February and April) keep kids active with art, games, music, minecraft, and more.

Our summer programs, made up of one-week sessions throughout July and August, include Science, Social Skills, Arts, Drama, Sports, Cooking

Contact Us

If you'd like to learn more, we are here to answer your questions. Please call, email, or visit our website.

**Whole Children
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11 Village Hill Road
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www.wholechildren.org

The Whole Children Story

Whole Children is a grassroots organization founded by parents of children with special needs. It was created to fill a significant gap in the existing services provided by local communities.

The center offers a wide range of after-school, weekend, and vacation enrichment programs for children of all ages and abilities, particularly those with special needs. Classes include gymnastics, art, martial arts, dance, music, yoga, morning movement and play, and theater.

Our recreation program includes soccer, basketball, and cooperative games. Our teen program focuses on teaching skills such as self-advocacy, sexuality and social skills. We also provide a variety of social opportunities to help students develop and sustain friendships.



"We are soooooo lucky to live near by and enjoy this rich, flexible, thoughtful, and growth focused programing!

When it comes to teaching social boundaries, self-control, and independence even our public schools come to whole children to get the best teachers and coaches."

~ Evie Huguenin Hawley, parent

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About Pathlight

Whole Children is a Pathlight program

Pathlight is a 501(c)3 non-profit Massachusetts corporation with offices in Pittsfield, Springfield, Greenfield, Easthampton, and Northampton. It was founded in 1952 by five mothers of children with developmental disabilities.

The majority of Pathlight's revenue comes through state agencies, including the Massachusetts Department of Developmental Services and the Massachusetts Department of Medical Assistance. Pathlight also raises money from a broad network of generous donors. We gratefully accept support from individuals, businesses, and foundations.